

# Family Night Out

Family Dinner! Family Activities!



**Hosted By: Scottsville United Methodist Church**

2400 Brownsville Rd, Langhorne, PA 19053

Sponsored by the Lower Southampton Youth Advisory Council, Langhorne Ministerium, Feasterville/Bensalem Ministerium in partnership with the Council of Southeast Pennsylvania

**STRONG, LOVING FAMILIES WORKING AND HAVING FUN TOGETHER!**

**Learn skills to help your child succeed during their teen years.**

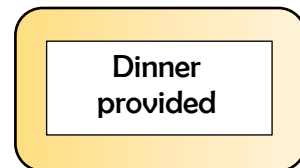
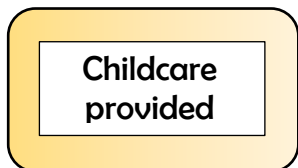
Strengthening Families Program is a proven effective, family inclusive program that promotes positive communication, family bonding and problem solving skills.

**Parents will gain strategies for:**

- Setting appropriate limits
- Encouraging good behavior
- Using effective consequences
- Protecting against risk
- Sharing expectations

**Youth will develop skills for:**

- Setting and reaching goals
- Managing stress
- Resisting peer pressure
- Following rules
- Appreciating Parents



Questions About Program? Contact [sfpScottsville@outlook.live.com](mailto:sfpScottsville@outlook.live.com)

Yes, sign me up for the Strengthening Families Program (PLEASE RETURN FORM BY 9/7/19)

\_\_\_\_\_  
Your Name Street Address

\_\_\_\_\_  
Phone Number E-mail Address

Child(ren) Name(s) and Age(s)

Check if childcare will be needed

Please return completed forms to [sfpScottsville@outlook.live.com](mailto:sfpScottsville@outlook.live.com) or mail to 2400 Brownsville Rd, Langhorne, PA 19053

**PLEASE NOTE: REGISTRATION WILL BE ACCEPTED ON A FIRST COME, FIRST SERVE BASIS**



*This project is made possible by funding through the Bucks County Drug & Alcohol Commission, Inc.*

